

# Pastor's Message

There seems to be a lot of anxiety in our lives these days. We worry about our health and the health of those we love. We worry about the state of our nation and what's happening in the world around us. We worry about finances. We worry about the environment with wildfires, earthquakes, floods, and drought affecting people in lots of places. We worry about those who are suffering in some way. We worry about personal safety. We worry about the state of the Church and our own faith community. Anxiety abounds.

With so much uncertainty and anxiety in the air, I turn to scriptures like these:

<sup>5</sup>Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. (Proverbs 3)

<sup>7</sup>Cast all your anxiety on him, because he cares for you. (1 Peter 5)

<sup>28</sup>Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. (Matthew 11)

<sup>34</sup>Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble." (Matthew 6)

We live in a culture that tells us we must be selfsufficient and be able to handle everything by ourselves. That we should be strong enough to deal with whatever comes our way, to face our struggles and resolve our challenges. This way of thinking and being in the world tends to isolate us from each other as we each try to go it by ourselves. The good news is that this is not the way that God intends for us to be in this world. The texts above remind me, and I hope you, that we are not expected to carry our anxieties and burdens on our own. God cares about us and wants to help us carry our burdens, wants to be the source and the giver of our peace and rest.

These comforting scriptures have the power to settle our nerves, to calm our fears, and to restore our peace. Yet, fully entrusting ourselves to the care of God is challenging. I know for me, I will hand my burdens over to God only to turn around and pick them back up again. Maybe that happens in your life too.

One of the remedies to this yoyo effect, this giving up and taking back of our burdens, is prayer; resting in the presence of God while we face the stressors in our lives. Jesus invites us to come to him, to cast our anxieties on him, to let him help us bear our burdens.

A prayer: Sustaining God, sometimes our lives are full of stress and anxiety which weigh us down and keep us from fully enjoying the life you have given to us. Help us to carry our burdens and give to us all that we need to meet the challenges of each day. Forgive us when we call on you to be our helper and then turn away from you to go our own way. Wrap your loving Spirit around us, sustain us each day by your mercy, and guide us in the ways of peace. In Jesus name we pray. Amen.

Praying with you,

Pastor Pan



## Sermon topics include:

- ♦ The Power of Prayer
- The Promise of Prayer
- The Persistence of Prayer
- ◆ The Practice of Prayer
- The Practicalities of Prayer

# A Preaching Series - The Power & Practice of Prayer

We know from scripture that we are supposed to pray, but we often struggle with how to do it, how to make time for it, and how to know if God is really listening.

This series, beginning on August 5<sup>th</sup>, will address these questions and others, helping us to experience the power of prayer and inviting us into a deeper practice of prayer.

Our final week of the series, September 2<sup>nd</sup>, we'll consider the practical aspects of prayer and the pain of unanswered prayer.



# Fall Bible Studies—The Prophets

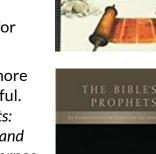
This fall we begin a survey of the Old Testament major and minor prophets beginning with Isaiah and continuing through Malachi.

A prophet is a spokesperson for God. The prophet comments on life. A prophet might chastise, moralize, advise, and speak of the present and of the future. The prophet's eye is directed to the contemporary scene making the society and its conduct the main themes of the prophet's speeches. Yet the prophet's ear is inclined to God. The phrase "thus says the LORD" is characteristic of the language of the prophets. Israel's prophets preach to a contemporary audience. They are concerned with the here and now of their time.

In this study, we'll explore the historical contexts into which the prophets are speaking. We'll also think about how the prophets were heard within their Jewish context to further the ideas and ideals of Judaism and how the Christian scriptures utilized the Hebrew Bible to further the ideas and ideals of Christianity.

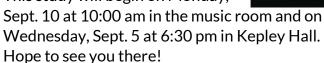
The Bible will be our primary resource.

A commentary Exploring the Old Testament: A Guide to Prophets by J. Gordon McConville may be helpful in this study. Paperback copies are available from Amazon for \$18.25. You may also download a Kindle version for \$9.99.



Another resource, though more expensive, may also be helpful. It's called *The Bible's Prophets*: An Introduction for Christian and Jews and is available from Barnes and Noble in paperback for \$31.00 and as an ebook for \$10.49.

This study will begin on Monday,





God's Work. Our Hands.

Sunday September 9, 2018 One service at 10:00 am

# Director of High School & Transitional Ministries...a message from Cathryn

#### **ELCA National Youth Gathering**

On June 27th, 23 St. Philip youth and 4 leaders, as well as 2 youth and a leader from Grace, flew out to Houston for an amazing experience! After waiting 2 hours for our shuttles, fighting 5:00 traffic, getting to the NRG Center for mass gathering, and a more than 2 hour wait for pizza delivery, we finally ate dinner around midnight. Tough start but it got better from there!

#### Synod Day

Thursday morning we gathered with our whole synod for a 3 hour interactive worship service filled with games, faith talk, great music, and a wonderful sermon delivered by Bishop Smith. The St. Philip youth served as supply deliverers and were important to the flow of the experience. I had proud face at them!





Our very own Meredith Bateman sang in the synod band and was wonderful!!! Another proud face!



#### **Interactive Learning Day**

Friday we enjoyed the Interactive Center, a place filled with activities from sports to creative expressions, service projects to quiet meditation, music, fun, and of course, interaction! Interactive Learning Tracks included: Reflect, Move, Connect, Accompany, Bind, Dream, and Serve.



# Kyle Weinzapfel

It gave me the opportunity to meet new people and have a fun time while learning the meaning of how God is really in my life.

#### Braeden Bell

Accept and love everyone regardless of race, gender, political views, and other beliefs.

#### Vicar Sharon

We live in times where there is much danger all around, especially for young people.

I came back deeply encouraged that the ELCA is supporting those young people, and that the young people are strong and capable and have the energy to bring us to a better place.

#### **Sydney Grantham**

It was really relieving to not have to worry about what other people were thinking about me/us because we were all together and everyone else was just as crazy.

#### Service Day:

Friday morning we were collected and delivered to our service work site at a local church that had been damaged by the flooding following Hurricane Harvey. While the major repairs had already been done, the church did not have the funds to install better drainage and clean up the curb appeal.

This church is a huge value to its community and provides a great deal of community support for the lower income neighborhood that surrounds it. We were able to provide support and encouragement for a church whose work is needed and shares the light of Christ in a very special way.







Following our work day we had lunch and were dropped off at the Community Center to blow off

some steam! It offered a place for our youth to play games, play on inflatables, enjoy live stages with prizes, and a place of relaxation for participants in the Hammock Village.



That night we scored seats on the floor for mass gathering! So much fun!!

# What are your thoughts on the gathering



# What did you take away?

#### Helena Bunte

It was really cool to see so many kids get together and change the world, and it was awesome when we got to do service day and see a little bit of the effect we had just from that.

#### Aidan Albers

I feel that the most important thing I got out of gathering was seeing just how many people share my faith. It was amazing to see so many people like me — it comforts me.

#### Mason Thomas

The most important thing that I got out of the gathering was that people

don't control the circumstances that happen to them so it's up to others to help those in need out of the goodness of their hearts.

#### Hannah Bateman

This trip was a big and new experience!

The most important thing I got out of this trip is that there is change going on everywhere and we can help in all different ways, in small ways or big ways.

I realized how eager everyone is to help and make a change.

I realized how everyone has a story that you wouldn't know unless you talked to them.

I realized that during hard times communities come together and how so many people were helping Houston rebuild what it had lost from Hurricane Harvey.

The biggest thing I got out of this trip was that we can help things change in our own communities too.

#### Elizabeth Faircloth

How awesome it is to witness and be a part of 30,000 people coming together to worship God and serve a community!

#### **Preston Hewett**

It's our duty to help others like Jesus did because help is needed everywhere across the world and we are the ones to give it.

## Abby Mahl

I think the most important thing for me was the justification that my own ideas, creations, and hopes for the world can be a part of God's plan for me. That those things are not separate to my religious experience was a very important realization.:)

#### Cathryn Hewett

There is nothing more awesome to me than seeing youth begin to understand their value in the Body of Christ! Working with so many youth of the same faith and seeing the accomplishments that can be made together ties us all together in ways that are hard to even express. We all benefit from seeing that we are part of a MUCH larger church!

#### **Aaron Faircloth**

Meredith Bateman

The fact that when we work together we can accomplish almost anything.

I think the most important thing I learned is

that praying and worshipping to God alone

important but being with a whole group of

people who share that same love and want a connection with everyone else is so much more important and really what it's all about.

## Callie Hooks

Realizing how many people were there for the same exact reason as us and being able to see the positive impact we made on the city and the people who live in it.

#### 100 0471 4,00011

Jonathan Mahl

The most important thing I got out of the national gathering was the realization that there are a lot of Lutherans and that together we can actually make a difference to people who have gone through horrible tragedies, like the people in Houston, TX taking on a hurricane and all the flooding that came with it.

# Friday Interactive day continues.....





# Mass gatherings

Each night we gathered with 30,000 of our Lutheran friends to hear speakers, musicians, and to cheer, dance, and have fun! The speakers each night spoke of their own struggles and journeys to God as well as how they have taken their own challenges and turned them into work for the Kingdom.







#### **Sunday Worship**

Sunday morning we once again gathered with 30,000+ ELCA Lutherans to worship. Bishop Eaton delivered a fabulous sermon and we all celebrated holy communion together! Worship with this many people is something to behold!





Following worship we were treated to an awesome buffet lunch before we all headed back to Raleigh!







# Thank you...

We would also like to extend a very special thank you to Vickie Seames' mother, Gene Dube, who made 1,000 keychains for us to give out during our time in Houston. Church groups trade things throughout the gathering experience. The keychains were a HUGE hit with the other churches and our youth were so proud to be able to share them!!



# Message from the Director of C.M.S.M.

(Director of Children & Middle School Ministries)

July has been a wonderful month at St Philip.

## Agapé Day Camp

We had a FABULOUS week of camp, July 16-20, with our Agape counselors. With 21 children and 4 counselors, we spent a great week in Bible study, games, music, crafts, and more. The week focused on "This Changes Everything" using the theme Bible verse from Ephesians 2:8 "For by Grace you have been saved, and this is not your own doing it is the gift of God." Our St Philip kids were thrilled to share this week with participants from Grace, as well as 2 children of a refugee family. This week is successful due to the support offered through prayer and action. Thank You for helping us have a wonderful week.

#### Children's Worship

Over the past month, we have also implemented our children's time during worship. We have enjoyed our extended time and have enjoyed more Bible stories, songs, and activities. Led by Pastor Elizabeth, the children through grade 2 will continue to process out of worship at the appointed time as we move to the music room for biblical story-telling, music, and learning activities. We will return to worship during the music following the sermon. For older children, look for a display of worship activities that may help with engagement. These activities may include listening prompts, drawing prompts, puzzles, or coloring pages. If you are interested in being a part of children's time during worship or helping to create worship activities, please contact Pastor Elizabeth.

# St. Philip Lutheran Preschool News

Registration for the 2018-2019 school year is ongoing and if you are interested or know someone who is please call 919-870-5841. St. Philip Preschool has warm, nurturing teachers, an age appropriate curriculum and large classrooms.

Thank you St. Philip for welcoming us and for your support.

## Movie Night

Our first movie night was Friday July 27th.

We watched the movie

TROLLS and shared time together. Now, you get to suggest our next movie!! Our next movie night will be at the end of August and we are open to movie suggestions and requests. The movie selection will be announced by midmonth, so get your movie suggestions to Pastor Elizabeth by August 8. When making suggestions, please remember that this is a family event for all ages.

→ Pastor Elizabeth
Pastorelizabeth@st-philip.org



Have you ever caught yourself wondering
 about life's big questions, or the smaller
 ones, and wished you had people to help you
 explore those thoughts?

Have you ever thought to yourself, "...I wish the 7th grade me had known that..."?

Have you ever considered being a Sunday School teacher or helper for our children or youth?

Have you ever wondered if there was a place for you in our Middle School youth program?

Whether we want to believe it or not, the summer has passed the midpoint and we are beginning to look toward fall. Sunday School, Confirmation, and Youth Group planning is in full swing and we are looking for new adults to be a part of this exciting ministry.

Contact Pastor Elizabeth to talk about what your connection to our youth might look like.



# Agapé Day Camp at St. Philip led by:







Men's Softball



# Men's Pub Ministry

Our next get together will be on Tuesday, August 28<sup>th</sup> at Saints & Scholars Pub at 6:30 pm.

Men's Pub Ministry is an opportunity for men in the congregation to meet and socialize once a month. We select places where we can talk and have a beer or other beverage and, perhaps, a meal.

All men are welcome, hope to see you there!



# Women's Fellowship Group

We gather together once a month inviting women of the congregation to come for

good food, fellowship &

good food, fellowship ( conversation.

The meeting place for <u>August 28<sup>th</sup> at 6:30.</u> is City Barbeque. At the corner of Litchford and Falls of Neuse, near Sprouts.

Contact Carol Rogers for more information at parakayaker@gmail.com



# Puzzle Get Together

Tuesday, August 28<sup>th</sup> at 10:00 Come, relax, and have fun completing a puzzle. Questions? Contact Claire Muller at 919-752-6541 or <u>claire6078@att.net</u> Hope to see you there!

### Men's Breakfast Club

Will meet on <u>August 21<sup>st</sup> 9:30 am</u> at iHop at Six Forks & Sawmill Rd.



Come and enjoy good food and fellowship—there's room for you at the table! Questions? Contact Frank Bouknight 919-302-1812 or bouknightf@yahoo.com

## Ladies Lunch

The next lunch will be at 12:00 on Thursday, August 2<sup>nd</sup> at Romano's Macaroni Grill 3421 Sumner Blvd.. Raleigh

All women are invited to come in out of the heat for a relaxing lunch with good friends.

Please RSVP to Sandra Kelly, 919-247-1038 or

sankelly55@hotmail.com

# **Senior Ministry Committee Meeting**

Wednesday, August 1 at 10:00 am in the Music Room.

Come help plan out activities for the fall!

You do not need to be a member of the committee to attend.

Everyone — young & old — are welcome! We hope to see you there.

# Thank you from the Red Cross

The blood drive held on June 17th was a success! The efforts of St. Philip Lutheran Church have always been greatly appreciated and their support of the community blood program will go a long way toward replenishing blood supplies and ultimately saving lives.

In addition we very much appreciate your efforts during this crucial time. 24 donors registered, 4 donors were deferred and 25 units were collected.

Again, thank you for your contribution and ongoing support of this important community program.

Mike Taylor, American Red Cross





Bring your friends! All are Welcome!!

6:30 - Bible Study-The Prophets

6:30 - MS & HS Youth Groups

6:45 - Joyful Noise Kids Choir

7:30 - Voices of Praise



Abundance Ministry Shopping Day Event—Saturday August 18th 10:00 — 3:00 We are set with donations (thank you!) but could really use some hands to help the day of:

**Set up:** 11:30-12 noon

**Shopping time:** 12-2 pm

Clean-up: 2-3 pm.

Abundance Ministry



- **Drivers are needed to pick up refugees at Cedar Point Apartments and bringing them to St** Philip. Then, when they are finished shopping, taking them back to Cedar Point.
  - When we have the van (which we don't this time), we typically have it running back and forth during the shopping hours....

Please don't feel like you have to be there the whole time! Let Stacey know how you would like to help out or if you have questions—contact Stacey at <u>raleighbells@yahoo.com</u>. Prayerfully consider how you can help with this important outreach ministry.

We meet every 1st and 3rd Tuesday between 11:30 and 1:30 in Luther Hall to organize donations and host families who have a need.

If you are interested in being part of Abundance Ministry in any way, from helping on Tuesdays to donations, please contact Stacey Bell raleighbells@gmail.com.



As the families we serve move from homelessness to home, the Families Together team checks in and checks up for a year to make sure they don't fall back into homelessness. One way we're doing this is by helping to bridge the gap that families face with regard to food, supplies and transportation.

**Food Gap**-After finding a permanent place to call home, parents must ensure they can put enough food on the table for their children. Sometimes difficult choices between paying the rent and buying groceries are made. To help avoid this, you can help keep our emergency pantry shelves stocked with supplemental groceries so that no one in our program goes hungry. Use the attached Pantry list if you'd like to participate by donating food. Please note: Whenever possible, purchase low or no salt options to support the health and nutrition of the families we serve.

**Transportation Gap** - For families experiencing homelessness, transportation is a major obstacle to getting to jobs, medical appointments, and grocery stores. We're introducing a unique way you can help alleviate that. Families Together has started the Ride Together program for people we serve to get to that important job interview or that critical doctor's appointment. Would you be willing to provide a lift on occasion? By volunteering, you can be the difference in families getting to potentially life-changing destinations. More information can be found at: Familiestogethernc.org/vol-app-driver.

**School Gap** - Each summer we hold a backpack and school supply drive for the children who are currently in our program, as well as those who arrive throughout the year. Help us provide needed supplies for kids in our community. Education is the key to break the cycle of poverty, by providing new school supplies. You can ensure a fresh start to the year for local children! We need backpacks and supplies for the full range of age groups.

#### Car Donation Needed

Families Together needs a well-maintained, fuel-efficient used car for our Mentor Advocates to use on home visits to families that have recently moved from shelter to permanent housing. Our mileage reimbursement costs have increased significantly because families have to move further out to find housing they can afford. If you have a car you'd like to donate, this is a great way to help improve the lives of children and families as they move from homelessness to independence. Because the car will be used directly on our program work and not auctioned, it will provide the maximum tax deductibility allowed for the generous donor that steps forward. Please contact Jennifer Paul at jennifer@familiesTogethernc.org or 919-212-1123 x231 to learn more.

To learn more about how you can help fill these gaps for families, please visit <a href="https://www.familiestogethernc.org">www.familiestogethernc.org</a> or contact Community Engagement Coordinator Meghan Olesen at Meghan@familiestogethernc.org or (919)307-1892.



St. Philip gives baby diapers every month through our partnership with The Diaper Bank. Contact Stacey Bell for information on how you can contribute.

Raleighbells@yahoo.com

# **Brown Bag Ministry**

- BBM meets every month on the 2<sup>nd</sup> & 4<sup>th</sup> Saturday morning at 10:00 in Luther Hall.
- This is a great opportunity to serve for the whole family!
- We need your hands to help make and distribute the lunches.
- Questions? Email Stacey Bell at <u>raleighbells@yahoo.com</u>



**Brown Bag Ministry** 

# NC Synod—Assembly 2018

On June 1<sup>st</sup> Mark Tarquinio and I along with Pastor Pam, Pastor Elizabeth and Vicar Sharon gathered with some 500 other clergy and lay persons for the 2018 North Carolina Synod Assembly. This year it was held right here in Raleigh.

If you have never attended an Assembly, these are like no other. In many ways it is like a large "family" reunion. Pastors and lay workers in the church who have been friends for years may only get to see each other at a Synod Assembly. This is even the case for me. I grew up with and worked at summer camp with many of the men and women who are not pastors throughout the state. It was wonderful to greet and catch up with so many that I have not seen in a while.

Of course, Synod Assembly isn't just about renewing friendships. We all worship and commune together to open Assembly. To hear a room full of clergy belting out the hymns is awe inspiring. Being in communion and sharing Holy Communion with so many, from so many walks of life fills one with joy, peace and love.

No, Synod Assembly isn't just about renewal, singing hymns and worship. This is where we discuss the work of the church and make decisions that need to be made as a whole. This is where we elect persons in various positions. This year was not an election year for the Bishop and honestly was not a year presenting anything of great controversy. Some years are full of discussions, disagreements and tough decision making, but fortunately this was not one of them. We, the voting members of the NC Synod did vote for clergy and lay persons to represent us at the 2019 Churchwide Assembly being held next August in Milwaukie WI.

We also voted for both clergy and lay persons to serve on board of trustees for the organizations we support and sponsor such as Camp Agape', Novus Way Ministries, Lenoir-



Rhyne University, Lutheran Services Carolinas and Lutheran Theological Southern Seminary. Synod Council and Synod Officers were also elected into positions of North Carolina Synod leadership.

Throughout the 2-day Assembly with heard reports from all of our Lutheran organizations but one of the focal points was hearing about the outreach ministries that are taking place in our state from Durham, to Charlotte and into Cherokee. These ministries created and expanding to reach many diverse groups of people and to share faith is places where faith and fellow believers can be hard to find. Sometimes in all of our hard work in our own congregation in Raleigh striving to share our faith and God's love, we forget that there are others across the state doing the same thing in a multitude of ways from serving children in need of homes, to sending young people to camp, helping refugees, and people caught up in a rough city life all the way to serving our elderly. We may not always be able to see it but the Lutheran Church has a great and vast presence in doing God's work throughout North Carolina and beyond.

It was my joy and pleasure to serve St. Philip as a lay voting member to our North Carolina Synod Assembly. I thank you all for the opportunity to do so.

Blessings through Christ our Savior, Crystal Ridenhour

### News from the Church Office

The church's database that has been in place for the past few years, Elexio, is being moved to a new, 'google-like', easier to use and manage format. We are working toward the data migration by 'cleaning up' the database with a plan to roll it out before the end of August. There will be a new App to download for your devices from the App store, the name is <u>Elexio Community</u>. You will be able to continue to use it as a member directory, checking in to worship and other events at church and even see your contribution statement. There will be more information coming, but feel free to download the app now—however, please do not make any changes until after the roll out, if you have questions or need a change made please contact Jane in the office 919-846-2992 or <u>admin@st-philip.org</u>.



Sun	Mon	Tue	Wed	Thurs	Fri	Sat
			1 10:00 am Senior Ministry Team 6:00 pm Planting Hope Team	2 12:00 pm Ladies Lunch 6:30 pm Crossing Rehearsal	3 10:00 am Al-Anon 7:00 pm AA	4 7:00 pm AA
5 9:00 am Crossing Contemporary Service 10:00 am Conversation with the Pastor 10:10 am Augsburg Class 11:00 am Traditional Service 1:00 pm Restoration Ministry Worship 6:30 pm Nurture Relationships Table 6:30 pm Worship & Music	6 10:00 am Morning Bible Study	7 10:00 am Staff Meeting 1:30 am Abundance Ministry	8 9:30 am Quilters 6:00 pm Planting Hope Team	9 6:30 pm Crossing Rehearsal 7:00 pm Finance & Responding	10 10:00 am Al-Anon 7:00 pm AA	11 10:00 am Brown Bag Ministry 7:00 pm AA
9:00 am Crossing Contemporary Service 10:10 am Augsburg Class 11:00 am Traditional Service 1:00 pm Restoration Ministry Worship 4:00 pm Stephen Ministry 6:00 pm Congregation Council	13 10:00 am Morning Bible Study	14 10:00 am Staff Meeting	15	16 6:30 pm Crossing Rehearsal	17 10:00 am Al-Anon 7:00 pm AA	18 7:00 pm AA 10:00 am Abundance Ministry Shopping Day
9:00 am Crossing Contemporary Service 10:10 am Augsburg Class 11:00 am Traditional Service 1:00 pm Restoration Ministry Worship	20 10:00 am Morning Bible Study 1:00 pm Bridge Group	9:30 am Men's Breakfast 10:00 am Staff Meeting 11:30 am Abundance Ministry	22 9:30 am Quilters	6:30 pm Crossing Rehearsal	24 10:00 am Al-Anon 7:00 pm AA	25 10:00 am Brown Bag Ministry 7:00 pm AA
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August 26<sup>th</sup> at 9:00 & 11:00



September 16<sup>th</sup> 10:00 am



Rev. Pam Northrup Senior Pastor pastorpam@st-philip.org 919-987-0102 (in case of emergency)

Rev. Elizabeth Neely
Director of Children &
Middle School
Ministries
pastorelizabeth@stphilip.org

Cathryn Hewett
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> Y'Sang Milo Custodian

919-846-2992 www.St-Philip.org

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