

Unbinding Your Heart – Small Group Schedule
Wednesdays at 6:45 pm

Date	Prep	Topic
Jan 20	None	Get to know each other, receive book
Jan 27	Read Introduction	Discuss Introduction
Feb 3	Read Chapter 1	Discuss Chapter 1
Feb 10 Ash Wed.	Begin Prayer Journal (week 1) Read Chapter 2	Discuss Chapter 2 <i>(The session will begin after Ash Wednesday worship.)</i>
Feb 17	Continue Prayer Journal (week 2) Read Chapter 3	Discuss Chapter 3
Feb 24	Continue Prayer Journal (week 3) Read Chapter 4	Discuss Chapter 4
Mar 2	Continue Prayer Journal (week 4) Read Chapter 5	Discuss Chapter 5
Mar 9	Continue Prayer Journal (week 5) Read Chapter 6	Discuss Chapter 6
Mar 16	Continue Prayer Journal (week 6)	Wrap up