

Unbinding Your Heart – Small Group Schedule
Thursdays at 10:00 am

Date	Prep	Topic
Jan 21	None	Get to know each other, receive book
Jan 28	Read Introduction	Discuss Introduction
Feb 4	Read Chapter 1	Discuss Chapter 1
Feb 11	Begin Prayer Journal (week 1) Read Chapter 2	Discuss Chapter 2
Feb 18	Continue Prayer Journal (week 2) Read Chapter 3	Discuss Chapter 3
Feb 25	Continue Prayer Journal (week 3) Read Chapter 4	Discuss Chapter 4
Mar 3	Continue Prayer Journal (week 4) Read Chapter 5	Discuss Chapter 5
Mar 10	Continue Prayer Journal (week 5) Read Chapter 6	Discuss Chapter 6
Mar 17	Continue Prayer Journal (week 6)	Wrap up