

**Unbinding Your Heart – Small Group Schedule**  
**Mondays at 10 am and 6:30 pm**

<b>Date</b>	<b>Prep</b>	<b>Topic</b>
Jan 18	None	Get to know each other, receive book
Jan 25	Read Introduction	Discuss Introduction
Feb 1	Read Chapter 1	Discuss Chapter 1
Feb 8	Begin Prayer Journal (week 1) Read Chapter 2	Discuss Chapter 2
Feb 15	Continue Prayer Journal (week 2) Read Chapter 3	Discuss Chapter 3
Feb 22	Continue Prayer Journal (week 3) Read Chapter 4	Discuss Chapter 4
Feb 29	Continue Prayer Journal (week 4) Read Chapter 5	Discuss Chapter 5
Mar 7	Continue Prayer Journal (week 5) Read Chapter 6	Discuss Chapter 6
Mar 14	Continue Prayer Journal (week 6)	Wrap up